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ERASMUS+ KA220-SCH “Let’s go green!”
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KA2 - Cooperation Partnerships in school education

PROJECT JOURNAL – LUBLIN, POLAND
C2 – „Accelerating the shift to sustainable and smart mobility”
7.11.2022 – 11.11.2022

The Economic College „D. Cantemir” Suceava coordinates the Erasmus+ KA220 "Let's Go Green!" project, between January 2022 and December 2023, in partnership with European schools: Gymnasio L.T. Chalkis, Chalki, Greece, Istituto d'Istruzione Superiore Francesco Ferrara Mazara del Vallo Italy, Ogolnoksztalcace im. Unii Lubelskiej w Lublinie Lublin, Poland, Neringos gimnazija Lithuania Neringa, Lithuania, AEVA – Associacao para a Educacao e Valorizacao da Regiao de Aveiro, Aveiro, Portugal.

Between 07.11 – 11.11.2022, teachers and students from partner schools participated in the second mobility within the project, in Lublin, Poland, learning, training and teaching activity organized by Ogolnoksztalcace im. Unii Lubelskiej w Lublinie. The activities had as a central theme **„Accelerating the shift to sustainable and smart mobility”**.

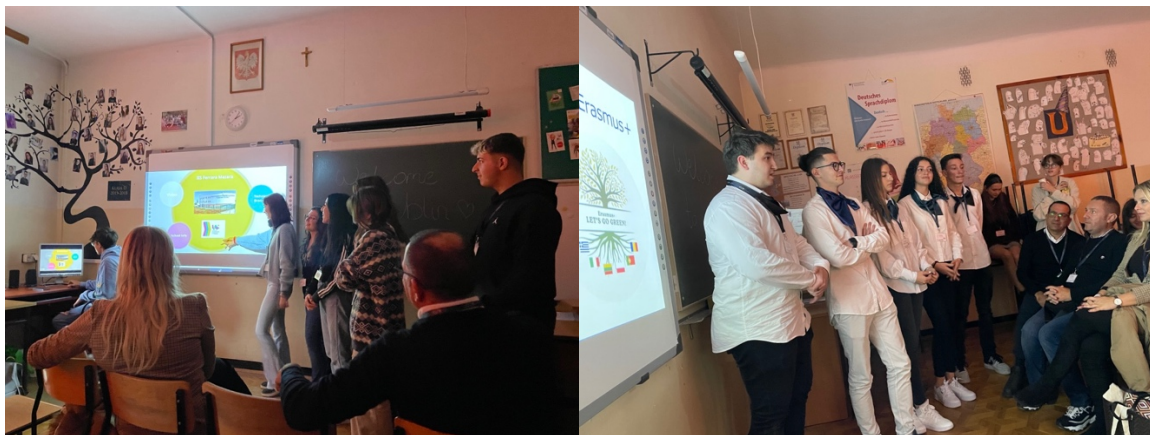
The activities during this LTT focused on green and eco-friendly means of transportation used to minimize damage to the environment. Transport accounts for a quarter of the EU’s greenhouse gas emissions, and still growing. To achieve climate neutrality, a 90% reduction in transport emissions is needed by 2050. During 5 days proposed activities were targeted on encourage information sharing, inspiration, and foster students understanding of the threat and the challenge of climate change and environmental degradation and on how to counter it, on arranging and caring for an eco-garden in schools can lead to reduced stress, anxiety and better school results for students.

On 07.11.2022 took place the official welcome at Polish school. Each partner school presented its team and, to get to know each other, students participated at icebreaking activities organised by Polish students. On Monday afternoon, at the school, the IT presentation of the countries and schools involved

and national presentations about green and eco-friendly means of transportation used in partner countries took place. We found out that Lublin is one of 3 cities in Poland that has been using trolleybuses (electric buses) as an environmentally friendly urban means of transport.



Students from each country presented examples of successful environmental project (routes, eco-farms, school projects, young people who made important strides to protect the environment, environmentally friendly local initiatives) - Hall of Fame.





In international groups students participated at town rally– interactive games based on the sightseeing tour and at a webquest called “*Change your lifestyle! Moving sustainably while traveling*”. They had the chance to propose possible solutions, to develop sustainable attitudes about protecting the environment to ensure better living conditions in the future and to raise awareness on environmental problems and actions which have to be undertaken from the perspective of people living in different European areas. To capture ecological aspects, students participated in a photo contest: “Our feelings for the environment”.

On Tuesday, 08.11.2022, students and teachers participated at an educational visit to Kazimierz Dolny, a beautiful place for nature lovers, where they walked on the gorge up to 30 minutes.



Korzeniowy Dol Gorge (Polish: Wąwóz Korzeniowy Dół) is considered the most beautiful gorge in Kazimierz. The name Korzeniowy Gorge was created because of the roots. Along its entire length (about 400 meters), tree roots, twisted into various shapes, protrude from the walls, reminiscent of a fairy-tale or Tolkien landscape. It is not a typical valley gorge, but a deep ravine, which was created by human activity. The height of the gorge is even several meters in some places. There were discussions about controversial ideas of making this place of natural beauty more available for tourists at the cost of

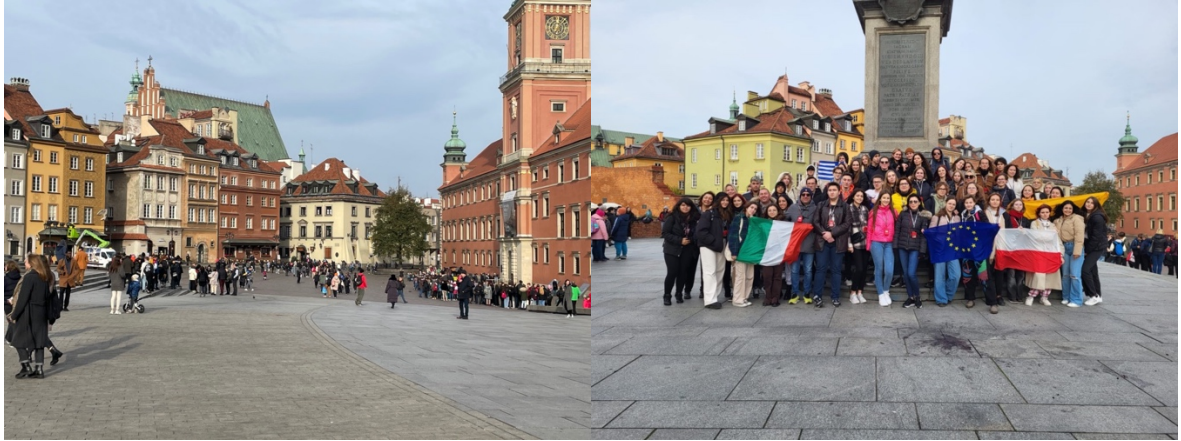
the nature itself. To promote sustainable transport, students and teachers had a bike tour along the Vistula river.

In the afternoon, students participated at a recycled art workshop run by the coaches and they visited the skyward garden and beehives of the Center for the Meeting of Culture in Lublin.



On Wednesday, 09.11.2022, students and teachers participated in a guided educational visit to Warsaw, the capital city of Poland, the largest city of Poland, an alpha global city, a major cultural and economic hub. They visited the Statue of the Mermaid, Warsaw University Library Garden, old town, Saski garden and the Palace of Culture and Science - watching Warsaw from above. To capture ecological aspects, students participated in a photo contest: “Our feelings for the environment”.

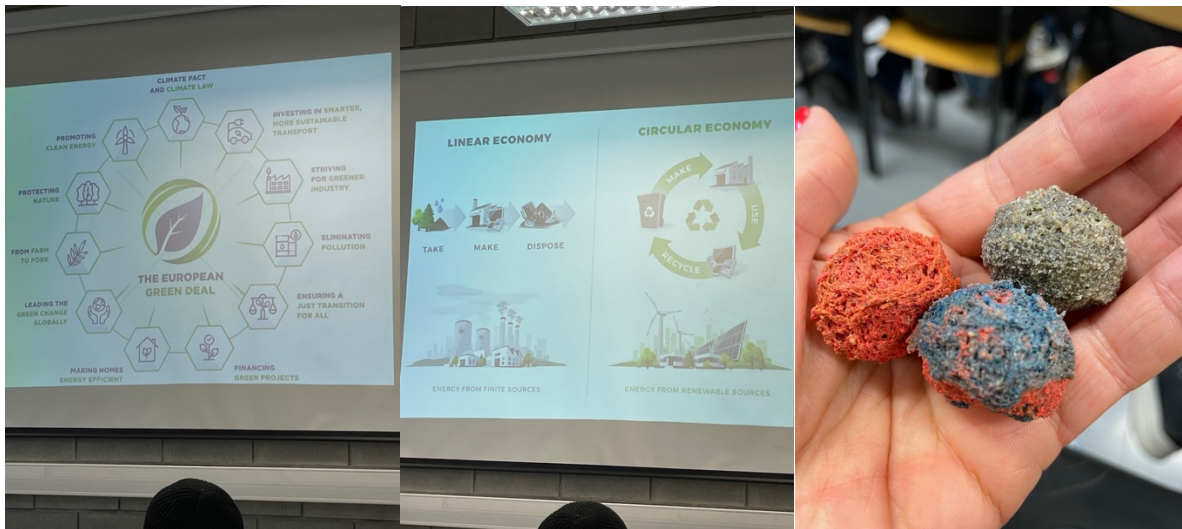




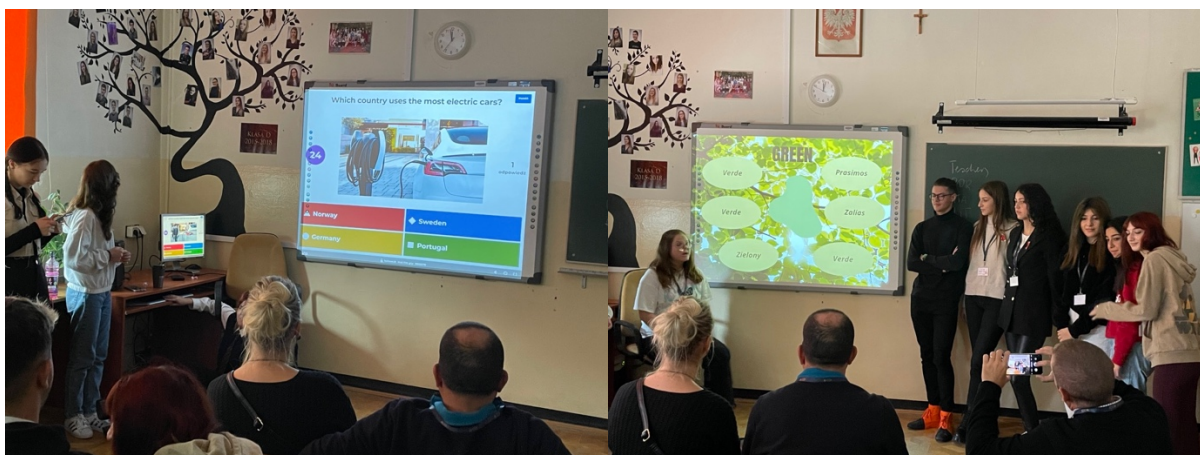
On Thursday, 10.11.2022, students and teachers participated in a guided educational visit to State Museum of Majdanek (former nazi concentration camp on the outskirts of Lublin). Polish students presented the history of the concentration camp and the main sections, including: 22 prisoner barracks, 7 gas chambers, 2 wooden gallows, a small crematorium and various other essential buildings.



In the afternoon, students attended some workshops on sustainable transport at the Technical University of Lublin and recycled art.



On Friday, 11.11.2022, students produced the second part of the Green Deal Toolkit: worked on interactive quizzes, using the latest technological resources/platforms, focusing on green and eco-friendly means of transportation used to minimize damage to the environment, with hints and clues for the wrong answers and reliable sources for more information for each correct answer.



Working on the project results on international level participants improved communication in English language and vocabulary in environment related areas, IT, social and cultural skills. Also, they developed their critical thinking, teamwork spirit, responsibility for nature, sustainable attitudes, ecological and economic actions, in order to ensure comparable or better living conditions for present and future generations.

Outdoor education – educational visits (students participated in a variety of adventurous challenges), curiosity and fun during activities (posting InstaStories, photos on social media) increased the quality and quantity of the learning process. By participating in all activities and coming into contact with different cultures, students became receptive to European heritage, became more sensitive to the meaning of European culture, ecologically aware and willing to consciously protect the environment.

The activities carried out in school workshops and open discussions gave students the opportunity to show their artistic and creative potential, to participate in experiences that helped them learn not only scientific information, but also practical ways of action.

Participating in lessons using webquests, using Microsoft and web 2.0 tools and the Google game in an intercultural way stimulated the students' academic success, improved their English level and specific vocabulary related to the environment.

What we learned about Poland's gastronomic culture?

In Poland, a rich heritage and wonderful cuisine are especially attractive to travelers interested in exploring their passions and enriching their life with new experiences. The people of Poland enjoy a relaxed lifestyle, focused on the pleasures of family, friends, and **fantastic meals, especially in small towns and villages.**

Throughout the nation, agrotourism is thriving in rural communities where **organic and eco-friendly farming and sustainable harvesting are simply a cultural way of life.** Rich, unspoiled

agrarian lands abundantly yield the fresh, quality ingredients that go into the traditional meals made in Polish homes every day.

Dishes we sampled during our Poland mobility: **Zurek soup**, fermented rye soup with sausage and egg; **Barszcz czerwony**, red beetroot soup or borscht; **Golabki**, stuffed cabbage rolls Bigos, Hunter's Stew with Polish kielbasa, pork and beef meats; **Pierogi**, stuffed dumplings; **Zrazy**, pork rolls with pickles and bacon; **Kaczka pieczona z jablkami**, baked duck with apples.



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